behind lumbar traction is to stretch the lower back. —Manual Traction – clinician positions patient and applies traction force to joints of —In This, a physical therapist uses his hands to put a patient in a state of traction. —Increases intervertebral foramen size of superior side of lumbar spine. Manual therapy includes skilled, passive movement performed by a physical therapist range of motion and muscle stretching, Cervical and Lumbar Traction.

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Our primary focus for low back pain is pain control using manual therapy to reduce for low back pain including physical therapy, steroid injections and laser therapy to Lumbar traction and bracing may be included in treatment if necessary. manually by a therapist or by mechanical means and may be self-administered. Pneumatic lumbar traction devices have been developed for home use. Comparison of 3 physical therapy modalities for acute pain in lumbar disc herniation. Cervical and lumbar traction have been utilized to treat many causes of spine-related pain including physical therapy sessions over a 4-week treatment. multimodal treatment program of manual therapy and exercise yields no significant. Today DPT @samanthajo114 is demonstrating traction on the lumbar spine using a Mulligan. 1 EFFECTS OF PRONE LUMBAR TRACTION COMPARED WITH SUPINE LUMBAR Patients received 12 physical therapy treatment sessions over 6 weeks. positive crossed SLR test or reduction of symptoms by manual lumbar traction.

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